

**PROGRAM STUDI S1 KEBIDANAN DAN PENDIDIKAN PROFESI BIDAN
FAKULTAS KEBIDANAN INSTITUT KESEHATAN PAYUNG NEGERI
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**Peran Dukungan Suami (*Paternal Involvement*) Dalam Keteraturan
Pemeriksaan Antenatal Care (ANC) Di Wilayah Kerja Puskesmas Sidomulyo
RJ Kota Pekanbaru Tahun 2026**

Xi + 47 halaman + 18 tabel + 14 lampiran

ABSTRAK

Masih banyak ibu hamil yang tidak memiliki kesadaran penuh tentang pentingnya pemeriksaan rutin dan cenderung mengabaikan kunjungan jika merasa kehamilan berjalan normal. Kurangnya dukungan terutama suami berkontribusi pada rendahnya cakupan ANC hingga K6. Peran dukungan suami merupakan bentuk bantuan, dorongan, dan motivasi yang diberikan kepada istri, baik secara moral maupun material, untuk mendukung kesehatan dan kesejahteraan. Dukungan tersebut dapat berupa dukungan informasional, emosional, instrumental dan penilaian. Penelitian ini bertujuan mengetahui hubungan peran dukungan suami (*paternal involvement*) dengan keteraturan pemeriksaan antenatal care (ANC) di Puskesmas Sidomulyo RJ Kota Pekanbaru Tahun 2026. Penelitian ini menggunakan metode kuantitatif dengan pendekatan analitik dan desain cross-sectional. Populasi berjumlah 32 ibu hamil yang melakukan kunjungan ANC pada April–Mei 2026, dengan sampel sebanyak 30 responden yang dipilih menggunakan teknik *purposive sampling*. Analisis data menggunakan uji Chi-Square. Hasil penelitian menunjukkan mayoritas responden memperoleh dukungan suami yang tidak mendukung (56,7%) dan melakukan pemeriksaan ANC secara tidak teratur (53,3%). Analisis bivariat menunjukkan terdapat hubungan yang signifikan antara peran dukungan suami terhadap keteraturan pemeriksaan ANC ($p=0,011$). Nilai OR sebesar 10,833 (95% CI: 1,961–59,834) menunjukkan bahwa ibu hamil yang memperoleh dukungan suami yang tidak mendukung memiliki peluang 10,833 kali lebih besar melakukan pemeriksaan ANC secara tidak teratur. dapat disimpulkan bahwa peran dukungan suami berhubungan dengan keteraturan pemeriksaan ANC. Peneliti selanjutnya diharapkan dapat mengembangkan penelitian dengan mengkaji faktor lain yang berkaitan dengan keteraturan pemeriksaan ANC.

Kata Kunci : Dukungan suami, ibu hamil, keteraturan pemeriksaan ANC.
Daftar Bacaan : 45 (2021–2026).

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***The Role of Husband Support (Paternal Involvement) in the Regularity of
Antenatal Care (ANC) Examinations in the Working Area of Sidomulyo RJ
Public Health Center, Pekanbaru City 2026***

xiii + 50 pages + 18 tables + 14 appendices

ABSTRACT

Many pregnant women still lack full awareness of the importance of regular antenatal examinations and tend to neglect ANC visits when they feel that their pregnancy is progressing normally. Lack of support, particularly from husbands, contributes to the low coverage of ANC visits up to K6. The role of husband support is a form of assistance, encouragement, and motivation provided to wives, both morally and materially, to support their health and well-being. Such support may include informational, emotional, instrumental, and appraisal support. This study aimed to determine the relationship between the role of husband support (paternal involvement) and the regularity of antenatal care (ANC) examinations at Sidomulyo RJ Public Health Center, Pekanbaru City, in 2026. This study used a quantitative method with an analytical approach and a cross-sectional design. The population consisted of 32 pregnant women who attended ANC visits during April–May 2026, with a sample of 30 respondents selected using purposive sampling. Data were analyzed using the Chi-Square test. The results showed that the majority of respondents received inadequate husband support (56.7%) and had irregular ANC examinations (53.3%). Bivariate analysis showed a significant relationship between the role of husband support and the regularity of ANC examinations ($p=0.011$). The OR of 10.833 (95% CI: 1.961–59.834) indicated that pregnant women who received inadequate husband support were 10.833 times more likely to have irregular ANC examinations. It can be concluded that the role of husband support is associated with the regularity of ANC examinations. Future researchers are encouraged to develop further studies by examining other factors related to the regularity of ANC examinations.

Keywords : Paternal involvement, pregnant women, regularity of (ANC)

References : 45 (2021–2026).