

**PROGRAM STUDI S1 KEBIDANAN, FAKULTAS KESEHATAN DAN
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**Efektivitas Media Ular Tangga Tentang Pencegahan Kehamilan Pranikah
Terhadap Pengetahuan Dan Sikap Remaja Di Smp Negeri 3 Pekanbaru Tahun
2024**

xiv+ 69 halaman + 17 tabel + 4 gambar + 10 lampiran

ABSTRAK

Kehamilan remaja adalah masalah kesehatan global yang signifikan, terutama di negara berkembang seperti Afrika Sub-Sahara dan Indonesia. Faktor penyebabnya meliputi ketidaksamaan gender, kemiskinan, dan kurangnya pendidikan. Berbagai upaya pencegahan, termasuk program edukasi dan media seperti permainan ular tangga, telah dilakukan untuk meningkatkan pengetahuan remaja tentang pencegahan kehamilan pranikah. Namun, prevalensi kehamilan remaja tetap tinggi, terutama di daerah dengan pendidikan rendah. Tujuan penelitian ini adalah untuk mengetahui efektivitas media ular tangga tentang pencegahan kehamilan pranikah terhadap pengetahuan dan sikap remaja di SMP Negeri 3 Kota Pekanbaru Tahun 2024. Jenis penelitian yang digunakan adalah kuantitatif dengan desain *quasi experiment design*. dengan *pretest-posttest one group design*. Populasi penelitian ini siswa dan siswi SMP Negeri 3 Kota Pekanbaru kelas VIII dan sampel berjumlah 67 orang. Analisis data yang digunakan adalah uji wilcoxon signed rank. Berdasarkan hasil uji wilcoxon sign rank nilai *PvalueAsympSig (2-tailed)* pengetahuan sebesar 0,001 dimana ($<0,05$) maka dapat disimpulkan bahwa adanya efektivitas media ular tangga tentang pencegahan kehamilan pranikah terhadap pengetahuan remaja di SMP Negeri 3 Pekanbaru. Sedangkan hasil uji wilcoxon sign rank nilai *PvalueAsympSig (2-tailed)* sikap sebesar 0,537 dimana ($>0,05$) maka dapat disimpulkan bahwa tidak adanya efektivitas media ular tangga tentang pencegahan kehamilan pranikah terhadap sikap remaja di SMP Negeri 3 Pekanbaru.

Kata Kunci : Ular Tangga, Kehamilan, Pranikah, Pengetahuan, Sikap

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**The Effectiveness of Snakes and Ladders Media on Pre-Marital Pregnancy
Prevention Knowledge and Attitudes Among Students at public Middle School
3 Pekanbaru in 2024**

xiv+ 69 pages + 17 tables + 4 figures + 10 appendices

ABSTRACT

Teenage pregnancy is a significant global health issue, especially in developing regions like Sub-Saharan Africa and Indonesia. Contributing factors include gender inequality, poverty, and lack of education. Various preventive efforts, including educational programs and media like the Snakes and Ladders game, have been implemented to enhance teenagers' knowledge of pre-marital pregnancy prevention. However, teenage pregnancy prevalence remains high, particularly in areas with low educational attainment. This study aims to assess the effectiveness of the Snakes and Ladders game as a medium for pre-marital pregnancy prevention on the knowledge and attitudes of students at public Middle School 3 Pekanbaru in 2024. The research utilized a quantitative approach with a quasi-experimental design, specifically a pretest-posttest one-group design. The study population included eighth-grade students at public Middle School 3 Pekanbaru, with a sample size of 67 students. Data analysis was conducted using the Wilcoxon signed-rank test. The results showed a P-value AsympSig (2-tailed) of 0.001 for knowledge, indicating the effectiveness of the Snakes and Ladders media in increasing knowledge about pre-marital pregnancy prevention among students at public Middle School 3 Pekanbaru. However, the P-value AsympSig (2-tailed) for attitude was 0.537, suggesting that the Snakes and Ladders media did not significantly influence the students' attitudes toward pre-marital pregnancy prevention.

Keywords: Snakes and Ladders, Pregnancy, Pre-Marital, Knowledge, Attitude