

**PROGRAM STUDI S1 KEBIDANAN DAN PENDIDIKAN PROFESI BIDAN
FAKULTAS KEBIDANAN INSTITUT KESEHATAN PAYUNG NEGERI
PEKANBARU**

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Nurfadilla

**Hubungan Pemberian ASI Eksklusif Terhadap Perkembangan Motorik Kasar Bayi
0-12 Bulan Di Wilayah Kerja Puskesmas Payung Sekaki Kota Pekanbaru.**

XIV+ 109 Halaman + 11 Tabel + 10 Lampiran

ABSTRAK

Air Susu Ibu (ASI) eksklusif merupakan sumber nutrisi terbaik bagi bayi yang berperan penting dalam mendukung pertumbuhan dan perkembangan, termasuk perkembangan motorik kasar. Penelitian ini bertujuan untuk mengetahui hubungan pemberian ASI eksklusif dengan perkembangan motorik kasar bayi usia 0–12 bulan di wilayah kerja Puskesmas Payung Sekaki Kota Pekanbaru. Penelitian ini menggunakan desain penelitian analitik observasional dengan pendekatan *cross sectional*. Populasi penelitian adalah seluruh bayi usia 0–12 bulan di wilayah kerja Puskesmas Payung Sekaki Kota Pekanbaru. Sampel penelitian berjumlah 69 responden yang dipilih menggunakan teknik total sampling. Data pemberian ASI eksklusif diperoleh melalui kuesioner, sedangkan perkembangan motorik kasar dinilai menggunakan instrumen Kuesioner Pra Skrining Perkembangan (KPSP). Analisis data dilakukan secara univariat dan bivariat menggunakan uji *Chi-Square* dengan tingkat kepercayaan 95% ($\alpha = 0,05$). Hasil analisis univariat menunjukkan bahwa ibu yang memberikan ASI eksklusif sebanyak 69 responden (82,6%), sedangkan yang tidak memberikan ASI eksklusif sebanyak 12 responden (17,4%). Perkembangan motorik kasar bayi sebagian besar berada pada kategori meragukan sebanyak 43 responden (62,3%), diikuti kategori sesuai sebanyak 14 responden (20,3%) dan penyimpangan sebanyak 12 responden (17,4%). Hasil uji *Chi-Square* menunjukkan nilai $p = 0,000$ ($p < 0,05$), sehingga terdapat hubungan yang bermakna antara pemberian ASI eksklusif dengan perkembangan motorik kasar bayi usia 0–12 bulan di wilayah kerja Puskesmas Payung Sekaki Kota Pekanbaru. Terdapat hubungan yang signifikan antara pemberian ASI eksklusif dengan perkembangan motorik kasar bayi usia 0–12 bulan. Pemberian ASI eksklusif berperan dalam mendukung perkembangan motorik kasar.

Kata Kunci : ASI eksklusif, perkembangan motorik kasar, bayi usia 0–12 bulan.

Referensi : 49

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***The Relationship Between Exclusive Breastfeeding and Gross Motor Development of
Infants Aged 0–12 Months in the Working Area of Payung Sekaki Public Health Center,
Pekanbaru City***

xiv + 109 pages + 11 tables + 10 appendices

ABSTRACT

Exclusive breastfeeding is the best source of nutrition for infants and plays an essential role in supporting growth and development, including gross motor development. This study aimed to determine the relationship between exclusive breastfeeding and gross motor development among infants aged 0–12 months in the working area of Payung Sekaki Public Health Center, Pekanbaru City. This study employed an analytical observational design with a cross-sectional approach. The study population consisted of all infants aged 0–12 months in the working area of Payung Sekaki Public Health Center, Pekanbaru City. A total of 69 respondents were selected using the total sampling technique. Data on exclusive breastfeeding were collected using a questionnaire, while gross motor development was assessed using the Pre-Screening Developmental Questionnaire (Kuesioner Pra Skrining Perkembangan / KPSP). Data were analyzed using univariate and bivariate analyses with the Chi-Square test at a 95% confidence level ($\alpha = 0.05$). The univariate analysis showed that 57 respondents (82.6%) received exclusive breastfeeding, while 12 respondents (17.4%) did not. Most infants had gross motor development in the questionable category, accounting for 43 respondents (62.3%), followed by the appropriate category with 14 respondents (20.3%), and the deviant category with 12 respondents (17.4%). The Chi-Square test revealed a p-value of 0.000 ($p < 0.05$), indicating a significant relationship between exclusive breastfeeding and gross motor development among infants aged 0–12 months in the working area of Payung Sekaki Public Health Center, Pekanbaru City. In conclusion, there is a significant relationship between exclusive breastfeeding and gross motor development among infants aged 0–12 months. Exclusive breastfeeding plays an important role in supporting infants' gross motor development.

Keywords : *Exclusive breastfeeding, gross motor development, infants aged 0–12 months.*

References : *49.*