DAFTAR PUSTAKA

Agung, F. H., Sekartini, R., Sudarsono, N. C., Hendarto, A., Dhamayanti, M., Werdhani, R. A., & Sawyer, S. M. (2022). The barriers of home environments for obesity prevention in Indonesian adolescents. BMC Public Health, 22(1), 2348. https://doi.org/10.1186/s12889-022-14669-6

Alman, K. L., Lister, N. B., Garnett, S. P., Gow, M. L., Aldwell, K., & Jebeile, H. (2021). Dietetic management of obesity and severe obesity in children and adolescents: A scoping review of guidelines. Obesity Reviews, 22(1). https://doi.org/10.1111/obr.13132

Ansari, M. R., Ardiningrum, B. P., Pertiwi, A. A. P., & Dewi, F. S. T. (2026). What are the experiences, perceptions and expressed needs of adolescents living with obesity and their mothers in Indonesia? a qualitative multi-method study. BMJ Open, 16(7). https://doi.org/10.1136/bmjopen-2025-114247

Arksey, H., & O'Ma ley, L. (2005). Scoping studies: towards a methodological framework. International Journal of Social Research Methodology, 8(1), 19–32. https://doi.org/10.1080/1364557032000119616

Aryanti, N. (2025). Exploring The Phenomenon Of Obesity Among Teenagers: Cultural Perceptions, Causes, And Preventive Solutions. Jurnal EDUNursing, 9(1), 12–22. https://doi.org/10.26594/edunursing.v9i1.5850

Azzini, V. O. M., Lopes, C. C. C., Beker, N. S., Lopes, E. B., Lopes, L. C., Lopes, M. E. C., Filho, M. D. H. V., & Pitanga, F. H. (2024). Understanding Incidence and Complexity of Obesity and Overweight in Adolescents. In Recent Updates in Disease and Health Research Vol. 8 (pp. 165–182). B P International. https://doi.org/10.9734/bpi/rudhr/v8/522

Badan Kebijakan Pembangunan Kesehatan (BKPK). (2023). Survei Kesehatan Indonesia (SKI) 2023. https://doi.org/10.46774/pptk.v8i1.647

Cavaletto, M., Givonetti, A., & Cattaneo, C. (2022). The Immunological Role of Milk Fat Globule Membrane. Nutrients, 14(21), 4574. https://doi.org/10.3390/nu14214574

Dinas Kesehatan Provinsi Riau. (2023). Profil Kesehatan Provinsi Riau Tahun 2022 (Publikasi 2023).

Dinas Kesehatan Provinsi Riau. (2024). Profil Kesehatan Provinsi Riau Tahun 2023. https://dinkes.riau.go.id/sites/default/files/2025-04/Profil Kesehatan Provinsi Riau Tahun 2023.pdf

Franjić, S. (2025). Obesity is A Chronic Disease in a l Ages. Journal of Advanced Diabetes Research, 1(1), 1–6. https://doi.org/10.63721/25JADR0102

Fultz, A. K., Burns, K. F., Davey, A., Trabulsi, J., & Robson, S. M. (2022). Dietary Energy Density from Infancy to 5 Years: Results from NHANES 2009–2018. The Journal of Nutrition, 152(8), 1936–1943. https://doi.org/10.1093/jn/nxac133

Ivlev, I., Beil, T. L., Haynes, J. S., & Patnode, C. D. (2022). Rapid Evidence Review of Digital Cognitive-Behavioral Therapy for Adolescents With Depression. Journal of Adolescent Health, 71(1), 14–29. https://doi.org/10.1016/j.jadohealth.2022.01.220

Kaiser, M., Bauer, J. M., Otterbach, S., Reisch, L. A., & Sousa-Poza, A. (2023). The association between commuting and cardiovascular disease: A biomarker-based analysis of cross-sectional cohort data from the UK Biobank. Preventive Medicine, 172, 107521. https://doi.org/10.1016/j.ypmed.2023.107521

Kementerian Kesehatan Republik Indonesia. (2024). Laporan Survei Kesehatan Indonesia (SKI) 2023.

Kementerian Kesehatan RI. (2020). Peraturan Menteri Kesehatan Republik Indonesia Nomor 2 Tahun 2020 tentang Standar Antropometri Anak.

Kementerian Kesehatan RI. (2023). Laporan Nasional Survei Kesehatan Indonesia (SKI) 2023.

Kementerian Kesehatan RI. (2024). Laporan Survei Kesehatan Indonesia (SKI) 2023 Dalam Angka. https://www.badankebijakan.kemkes.go.id/ski-2023-dalam-angka/

Komatsu, M., Tanaka, N., Kimura, T., & Yazaki, M. (2023). Citrin Deficiency: Clinical and Nutritional Features. Nutrients, 15(10), 2284. https://doi.org/10.3390/nu15102284

Lestari, W. A., & Iswahyudi, I. (2024). Upaya Pencegahan Obesitas Remaja Melalui Pendampingan dan Edukasi Label Gizi Serta Penerapan Kunci Jajan Sehat Bergizi. JPPM (Jurnal Pengabdian Dan Pemberdayaan Masyarakat), 8(1), 177. https://doi.org/10.30595/jppm.v8i1.14483

Lima, J. A. de O., Martins, N. R., Cunha, R. B. da, Rodrigues, L. da C., & Ávilla, I. J. (2024). Efeitos fisiológicos sobre o comportamento alimentar de adolescentes: uma revisão de literatura. Journal Archives of Health, 5(3), e2341. https://doi.org/10.46919/archv5n3espec-648

Louey, J., He, J., Partridge, S. R., & A lman-Farine li, M. (2024). Facilitators and barriers to healthful eating among adolescents in high-income countries: A mixed-methods systematic review. Obesity Reviews, 25(11). https://doi.org/10.1111/obr.13813

Mansour, N., & Alsagheer, D. R. (2025). ADOLESCENCE AGE GROUP. https://doi.org/10.31234/osf.io/c3hdk

Muhamad Rizal, Maya Magfira, & Karmila Mappadeceng. (2025). Status Gizi Remaja: Kunci Kesehatan dan Perkembangan Optimal di Masa Depan. JPNM Jurnal Pustaka Nusantara Multidisiplin, 3(1). https://doi.org/10.59945/jpnm.v3i1.283

Musa, S., Al-Dahshan, A., & Kehyayan, V. (2024). Title: A Qualitative

Systematic Review of Parental Perceptions, Motivators, and Barriers to Management of Childhood Obesity. Diabetes, Metabolic Syndrome and Obesity, Volume 17, 4749–4765. https://doi.org/10.2147/DMSO.S490475

Nikalansooriya, A., Waidyarathna, G. R. N. N., Kaththiriarachchi, L. S., & Chandrasekara, A. (2025). Role of Nutrition in Cognitive Development and Academic Performance During Adolescence: A Comprehensive Review. Cureus. https://doi.org/10.7759/cureus.96189

Parajuli, J., & Prangthip, P. (2025). Adolescent Nutrition and Health: a Critical Period for Nutritional Intervention to Prevent Long Term Health Consequences. Current Nutrition Reports, 14(1), 116. https://doi.org/10.1007/s13668-025-00706-4

Patil, R. (2023). Obesity in Adolescent Boys Physical Inactivity Unhealthy Diets Screen Time and Irregular Sleep. Journal of Clinical and Medical Images, Case Reports. https://doi.org/10.55920/2771-019X/1518

Peters, M. D. J.; Godfrey, C.; McInerney, P. . et al. (2020). Chapter 11: Scoping Reviews. In JBI Manual for Evidence Synthesis. JBI.

Pratama, B. A. (2023). Literature Review: Faktor Risiko Obesitas Pada Remaja Di Indonesia. Indonesian Journal on Medical Science, 10(2). https://doi.org/10.55181/ijms.v10i2.443

Proverawati, A., & Nuraeni, I. (2024). PERCEPTION AND HABITS OF ULTRAPROCESSED FOOD CONSUMPTION ON THE RISK OF OBESITY IN GENERATION Z. International Journal of Biomedical Nursing Review, 3(3), 8. https://doi.org/10.20884/1.ijbnr.2024.3.3.14463

Ratnasari, D. E., Pamungkasari, E. P., & Mulyani, S. (2023). Health Belief Model Concept in Overweight Adolescents' Carbohydrate Intake (pp. 283–294). https://doi.org/10.2991/978-94-6463-324-5_30

Rodriguez-Martinez, A., Zhou, B., Sophiea, M. K., Bentham, J., Paciorek, C. J.,

Iurilli, M. L., Carrillo-Larco, R. M., Bennett, J. E., Di Cesare, M., Taddei, C., Bixby, H., Stevens, G. A., Riley, L. M., Cowan, M. J., Savin, S., Danaei, G., Chirita-Emandi, A., Kengne, A. P., Khang, Y.-H., … Ezzati, M. (2020). Height and body-mass index trajectories of school-aged children and adolescents from 1985 to 2019 in 200 countries and territories: a pooled analysis of 2181 population-based studies with 65 million participants. The Lancet, 396(10261), 1511–1524. https://doi.org/10.1016/S0140-6736(20)31859-6

Setiawan, H., & Pratomo, H. (2022). Kebiasaan Konsumsi Makanan dan Hambatan dalam Managemen Diet pada Remaja Putri dengan Obesitas : Sistematik Review dan Metasintesis Kualitatif. Media Publikasi Promosi Kesehatan Indonesia (MPPKI), 5(3), 211–117. https://doi.org/10.56338/mppki.v5i3.2044

Shriver, L. H., Dollar, J. M., Calkins, S. D., Keane, S. P., Shanahan, L., & Wideman, L. (2020). Emotional Eating in Adolescence: Effects of Emotion Regulation, Weight Status and Negative Body Image. Nutrients, 13(1), 79. https://doi.org/10.3390/nu13010079

Vogel, L., Löchner, J., Opitz, A., Ehring, T., Lux, U., Liel, C., Henning, C., Seiferth, C., & Wittekind, C. E. (2025). Shadows of the past – Hierarchical regression analyses on the role of childhood maltreatment experiences for postpartum depression. Journal of Affective Disorders, 371, 82–90. https://doi.org/10.1016/j.jad.2024.11.045

World Health Organization. (2023). Adolescent health. WHO Newsroom.

World Health Organization. (2024). Obesity and Overweight Fact Sheets.

Yang, Y., Liu, Q., & Yue, F. (2024). Glycemic Response in Nonhuman Primates Fed Gluten-Free Rice Cakes Enriched with Soy, Pea, or Rice Protein and Its Correlation with Nutrient Composition. Nutrients, 16(2), 234. https://doi.org/10.3390/nu16020234