PROGRAM STUDI S1 KEPERAWATAN
STIKES PAYUNG NEGERI PEKANBARU

Skripsi, Juli 2020

Umikalsum

Pengaruh Terapi Komplementer Hortikultura Terhadap Perkembangan Motorik Kasar Anak Prasekolah Di Paud Terpadu Nurul Ikhsan Kabupaten Siak

xiii + 51 halaman + 10 tabel + 3 skema + 12 Lampiran

ABSTRAK

Anak usia prasekolah sedang mengalami proses perkembangan dengan pesat, sehingga memerlukan stimulasi perkembangan motorik kasar salah satunya dengan terapi komplementer hortikultura. Tujuan penelitian yaitu untuk mengetahui pengaruh terapi komplementer hortikultura terhadap perkembangan motorik kasar anak prasekolah di PAUD Terpadu Nurul Ikhsan. Jenis penelitian ini adalah kuantitatif dengan desain *quasy experiment* dan rancangan *pre test and post test nonequivalent group.* Responden berjumlah 32 orang yang merupakan murid PAUD Terpadu Nuruk Ikhsan. Teknik pengambilan sampel yaitu *simple random sampling.* Penelitian dilakukan pada tanggal 6-17 Juni 2022, dengan menggunakan instrumen asesmen perkembangan motorik kasar anak prasekolah. Analisis yang digunakan adalah analisis univariat dan bivariat menggunakan uji *Paired T Test* dan *Independen T Test.* Hasil penelitian menunjukkan pada kelompok intervensi yaitu *P Value* 0,000<0,005 yang artinya ada perbedaan perkembangan motorik kasar sebelum dan sesudah dilakukan terapi komplementer hortikultura dan pada kelompok kontrol didapatkan *P Value* 0,164>0,005 yang artinya tidak ada perbedaan perkembangan motorik kasar sebelum dan sesudah. Berdasarkan hasil penelitian ini diharapkan dapat dijadikan acuan dalam mengoptimalisasi perkembangan motorik kasar anak prasekolah. Peneliti selanjutnya disarankan dapat meneliti pengaruh dari terapi komplementer hortikultura terhadap perkembanga motorik halus anak.

Kata Kunci : Terapi Komplementer Hortikultura, Perkembangan Motorik Kasar, Anak Prasekolah
Daftar Pustaka : 24 Referensi (2014 – 2021)

NURSING PROGRAM
STIKES PAYUNG NEGERI PEKANBARU

Research, July 2020

Umikalsum

The Effect Of Horticultural Complementary Therapy On Gross Motor Development Of Preschoolers In PAUD Teradu Nururl Ikhsan Kabupaten siak

xiii + 51 pages + 10 tables + 3 schemes + 12 Appendixes

ABSTRAK

Preschool-aged children are experiencing a rapid developmental process, so they require stimulation of gross motor development, one of which is horticultural complementary therapy. The purpose of the study was to determine the effect of complementary horticultural therapy on the gross motor development of preschoolers in PAUD Terpadu Nurul Ikhsan. This type of research is quantitative with quasy experiment design and pre test design and post test nonequivalent group. There were 32 respondents who were students of integrated PAUD Nurul Ikhsan. The sampling technique is Simple Random Sampling. The study was conducted on June 6-17, 2022, using an assessment instrument for gross motor development of preschoolers. The analysis used is univariate and bivariate analysis using Paired T Test and Independent T Test. The results showed that the intervention group was P Value 0.000<0.005 which means that there are differences in gross motor development before and after horticultural complementary therapy is carried out and in the control group, P Value of 0.164>0.005 was obtained, which means that there is no difference in gross motor development before and after. Based on the results of this study, it is hoped that it can be used as a reference in optimizing the gross motor development of preschoolers. Further researchers are advised to examine the effect of complementary on childrens fine motor development.

Keywords : Horticultural Complementary Therapy, Gross Motor Development, Preschoolers
References : 24 References (2014 – 2021)