

**PROGRAM STUDI S1 KESEHATAN MASYARAKAT FAKULTAS
KESEHATAN DAN INFORMATIKA
INSTITUT KESEHATAN PAYUNG NEGERI PEKANBARU**

Penelitian Mei 2025

**Mila Sari
24411013**

**Analisis Lingkungan Kerja pada Guru di SD Islam Al-Kautsar Kecamatan
Binawidya Kota Pekanbaru**

xiii + 60 Halaman + 9 Tabel + 9 Lampiran

ABSTRAK

Lingkungan kerja dalam institusi pendidikan memiliki dimensi yang berbeda dibandingkan dengan sektor lain. Lingkungan kerja di sekolah mencakup aspek fisik seperti ruang kerja guru, kebersihan lingkungan, dan fasilitas pendukung, serta aspek non-fisik seperti hubungan antar guru, kepemimpinan kepala sekolah, serta budaya kerja kolektif. Penelitian ini bertujuan untuk menggambarkan gambaran lingkungan kerja Pada Guru di SD Islam Al-Kautsar di Kecamatan Binawidya Kota Pekanbaru. Penelitian ini menggunakan desain penelitian deskriptif kuantitatif dengan jumlah sampel sebanyak 32 orang tenaga pendidik di SD Islam Al-Kautsar di Kecamatan Binawidya Kota Pekanbaru. Sampel di pilih menggunakan metode sensus. Hasil penelitian menunjukkan bahwa lingkungan kerja guru di SD Islam Al-Kautsar secara umum berada dalam kategori kondusif, dengan kondisi fisik, sosial, dan ergonomis yang mendukung kenyamanan dan kinerja. Sebagian besar ruangan memiliki suhu dan ventilasi yang sesuai standar, meskipun beberapa masih perlu perbaikan. Interaksi sosial antar guru tergolong baik, tingkat stres kerja cenderung rendah, dan sebagian besar guru bekerja dalam kondisi ergonomis. Dengan demikian, lingkungan kerja di sekolah ini terbukti mendukung pelaksanaan tugas guru secara optimal. Peneliti merekomendasikan agar pihak sekolah terus mempertahankan lingkungan kerja yang kondusif, melakukan perawatan berkala pada fasilitas fisik, serta meningkatkan program penguatan hubungan sosial dan dukungan psikologis bagi guru untuk menjaga serta meningkatkan kualitas kerja secara berkelanjutan.

Kata Kunci : Lingkungan Kerja Fisik, Lingkungan Kerja Non Fisik, Ergonomis
Daftar Pustaka : 30 (2017-2023)

**BACHELOR PROGRAM IN PUBLIC HEALTH
FACULTY OF HEALTH AND INFORMATICS
INSTITUT KESEHATAN PAYUNG NEGERI PEKANBARU**

Research Conducted May 2025

***Mila Sari
24411013***

***An Analysis of the Work Environment of Teachers at SD Islam Al-Kautsar,
Binawidya District, Pekanbaru City***

xiii + 60 Pages + 9 Tables + 9 Appendices

ABSTRACT

The work environment in educational institutions presents unique dimensions compared to other sectors. In schools, the work environment includes physical aspects such as teachers' workspace, environmental cleanliness, and supporting facilities, as well as non-physical aspects such as collegial relationships, principal leadership, and a collective work culture. This study aims to describe the work environment of teachers at SD Islam Al-Kautsar in the Binawidya District, Pekanbaru City. This research employed a quantitative descriptive design, involving a total sample of 32 educators at SD Islam Al-Kautsar, selected using a total sampling technique. The results showed that the teachers' work environment is generally categorized as conducive to very conducive, with physical, social, and ergonomic conditions that support comfort and performance. Most rooms met the standard requirements for temperature and ventilation, although some still require improvement. Social interaction among teachers was found to be good, work-related stress levels were relatively low, and most teachers worked in ergonomically appropriate conditions. Thus, the school's work environment has been proven to support the optimal performance of teaching duties. The researcher recommends that the school maintain a conducive work environment, conduct regular maintenance of physical facilities, and enhance programs for strengthening social relationships and providing psychological support for teachers in order to sustain and improve work quality continuously.

***Keywords: Physical Work Environment, Non-Physical Work Environment,
Ergonomics***

References: 30 (2017–2023)