

**PROGRAM STUDI D-III KEPERAWATAN FAKULTAS KEPERAWATAN
INSTITUT KESEHATAN PAYUNG NEGERI PEKANBARU
Penelitian, Juli 2025**

Gadis

Pencegahan perilaku *lesbian, gay, bisexual, dan transgender (LGBT)* melalui platform Indonesia jaya (PIJAY) pada remaja di SMAN 2 Pekanbaru

XIII + 51 Halaman + 10 Tabel + 1 Skema + 11 Lampiran

ABSTRAK

Perilaku LGBT merupakan salah satu bentuk penyimpangan seksual yang dapat memberikan dampak negatif terhadap kesehatan fisik, mental, dan sosial remaja. Fenomena yang ditemukan di SMAN 2 Pekanbaru menunjukkan adanya siswa laki-laki yang menyukai sesama jenis (gay), serta siswa yang mengalami perubahan peran gender, misalnya perempuan yang berperenampilan seperti laki-laki dan sebaliknya. Hal ini menunjukkan bahwa perilaku LGBT dapat muncul di lingkungan sekolah dan mencerminkan perlunya upaya edukasi serta pencegahan sejak dini. Faktor penyebab perilaku LGBT antara lain lingkungan pergaulan, paparan media, kurangnya pemahaman tentang dampak LGBT, serta minimnya edukasi kesehatan seksual. Penelitian ini bertujuan untuk mengetahui pengaruh pendidikan kesehatan melalui Platform Indonesia Jaya (PIJAY) terhadap perilaku pencegahan LGBT pada remaja. Metode penelitian menggunakan desain pre-experimental dengan pendekatan one group pretest-posttest. Populasi penelitian adalah seluruh siswa kelas X SMAN 2 Pekanbaru sebanyak 267 orang, dengan teknik total sampling. Instrumen penelitian berupa kuesioner tertutup yang telah diuji validitas dan reliabilitasnya. Hasil analisis univariat menunjukkan sebelum diberikan edukasi, 191 siswa (71,54%) berada pada kategori berisiko, sedangkan sesudah intervensi hanya 46 siswa (17,23%) yang masih berisiko. Uji Wilcoxon menunjukkan nilai $p < 0,001$, yang berarti terdapat pengaruh signifikan pendidikan kesehatan melalui PIJAY terhadap peningkatan perilaku pencegahan LGBT. Penelitian ini menyimpulkan bahwa PIJAY sebagai media edukasi berbasis website efektif digunakan untuk meningkatkan pengetahuan, sikap, dan perilaku pencegahan LGBT pada remaja. Disarankan bagi pihak sekolah, tenaga kesehatan, dan orang tua untuk memanfaatkan media digital sebagai strategi preventif dalam mengatasi isu kesehatan remaja.

Kata kunci : LGBT, Remaja, PIJAY, Pengetahuan, Sikap

Daftar Bacaan : 34 referensi (2021-2025)

**DIIR NURSING STUDY PROGRAM FACULTY OF NURSING STATE
HEALTH INSTITUTE OF PAYUNG NEGERI PEKANBARU**

Research, July 2025

Gadis

**Prevention of Lesbian, Gay, Bisexual, and Transgender (LGBT) Behavior
Through the Indonesia Jaya (PIJAY) Platform Among Adolescents at SMAN
2 Pekanbaru**

XIII + 51 Pages + 10 Tables + 1 Scheme + 11 Attachments

ABSTRACT

LGBT behavior is a form of sexual deviation that can negatively impact adolescents' physical, mental, and social health. *A phenomenon observed at SMAN 2 Pekanbaru revealed the presence of male students who are attracted to the same sex (gay) and students experiencing gender role changes, such as female students dressing and behaving like males, and vice versa. This indicates that LGBT behavior can emerge in the school environment, highlighting the urgent need for early education and prevention efforts. Factors contributing to LGBT behavior include peer influence, media exposure, lack of understanding of LGBT's negative impacts, and insufficient sexual health education. This study aims to determine the effect of health education through the Indonesia Jaya Platform (PIJAY) on LGBT prevention behavior among adolescents. The research employed a pre-experimental design with a one group pretest-posttest approach. The study population consisted of all tenth-grade students at SMAN 2 Pekanbaru, totaling 267 individuals, selected using total sampling. A validated and reliable closed-ended questionnaire was used as the research instrument. Univariate analysis revealed that before the intervention, 191 students (71.54%) were in the at-risk category, whereas after the intervention, only 46 students (17.23%) remained at risk. The Wilcoxon test yielded a p-value < 0.001, indicating a significant effect of health education via PIJAY on improving LGBT prevention behavior. This study concludes that PIJAY, as a web-based educational medium, is effective in enhancing adolescents' knowledge, attitudes, and preventive behaviors towards LGBT. Schools, health professionals, and parents are encouraged to utilize digital media as a preventive strategy in addressing adolescent health issues.

Keywords: LGBT, Adolescents, PIJAY, Knowledge, Attitude

Reading List : 34 references (2021-2025)