

**PROGRAM STUDI S1 KEPERAWATAN
STIKES PAYUNG NEGERI PEKANBARU**

Skripsi, Juli 2022

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Hubungan Dukungan Keluarga Terhadap Kepatuhan Minum Obat
Hipertensi Pada Lansia Puskesmas RI Simpang Tiga Kota Pekanbaru

xii + 52 Halaman + 14 Tabel + 5 Lampiran

ABSTRAK

Lansia dengan hipertensi memerlukan perawatan dan perhatian yang khusus, diperlukan dukungan keluarga untuk mengingatkan kepatuhan minum obat. WHO (*World Health Organization*) menyebutkan bahwa prevalensi hipertensi secara global menyerang 22% penduduk dunia, dan mencapai 36% angka kejadian di Asia Tenggara. Tujuan penelitian untuk mengetahui hubungan dukungan keluarga terhadap kepatuhan konsumsi obat hipertensi pada lansia di Puskesmas RI Simpang Tiga Pekanbaru. Jenis penelitian ini dengan desain penelitian korelasi menggunakan pendekatan *cross sectional* dengan sampel terdiri dari 112 lansia. Metode pengambilan sampel yaitu *non probability sampling* dengan pendekatan *purposive sampling*. Instrumen dalam penelitian ini menggunakan kuesioner MMAS dan dukungan keluarga. Penelitian dimulai pada tanggal 17 Juni- 13 Juli 2022. Hasil penelitian dari dukungan keluarga baik sebanyak 59 (52,7%) responden, dukungan keluarga cukup sebanyak 26 (23,2%) responden, dan keluarga kurang sebanyak 27 (24,1%) responden. Sedangkan hasil kepatuhan konsumsi obat hipertensi secara patuh sebanyak 63 (56,3%) responden dan tidak patuh konsumsi obat sebanyak 49 (43,8%) responden. Hasil uji statistik *Chi-Square* didapatkan *p-value* 0,002 ($p < 0,05$) artinya terdapat hubungan signifikan antara hubungan dukungan keluarga terhadap kepatuhan konsumsi obat hipertensi pada lansia di Puskemas Simpang Tiga. Rekomendasi penelitian ini diharapkan keluarga untuk selalu memberikan motivasi serta mendampingi lansia dalam kontrol dan aktivitasnya.

Kata Kunci : Dukungan Keluarga, Kepatuhan Minum Obat Hipertensi, Lansia
Daftar Bacaan : 46 (2010-2022)

STUDY PROGRAM S1 NURSING
STIKES PAYUNG NEGERI PEKANBARU

Thesis, July 2022

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Relationship of Family Support for Compliance with Taking Hypertension Drugs
in the Elderly Puskesmas RI Simpang Tiga Pekanbaru City

xii + 52 Pages + 14 Tables + 5 Attachments

ABSTRACT

The elderly with hypertension require special care and attention, family support is needed to remind adherence to taking medications. WHO (*World Health Organization*) states that the global prevalence of hypertension affects 22% of the world's population, and reaches 36% of the incidence rate in Southeast Asia. The purpose of this study was to determine the relationship of family support to adherence to hypertension drug consumption in the elderly at the Simpang Tiga Health Center. This type of research with the design of correlation research uses a Cross-Sectional approach with a sample consisting of 112 elderly people. The sampling method is non-probability sampling with a purposive sampling approach using the MMAS questionnaire research instrument and family support. The study began on June 17-July 13, 2022. The results of good family support were 59 (52.7%) respondents, sufficient family support was 26 (23.2%) respondents, and families were less than many as 27 (24.1%) respondents. Meanwhile, the results of compliance with the consumption of hypertension drugs were obediently as many as 63 (56.3%) respondents and non-compliant drug consumption as many as 49 (43.8%) respondents. The results of the analysis of the relationship of family support to adherence to hypertension drug consumption in the elderly, the majority had good support and complied with drug consumption as many as 41 (69.5%) respondents. The analysis used was a Chi-Square statistical test with the results obtained p-value of 0.002 ($p < 0.05$) meaning that there was a significant relationship between the relationship of family support to adherence to hypertension drug consumption in the elderly at the Simpang Tiga Health Center. The recommendation of this study is that the family is expected to always provide motivation and assist the elderly in control and activity.

Keywords : Family Support, Hypertension Medication Consumption
Compliance, Elderly
References : 46 (2010-2022)