

**PROGRAM STUDI S1 KEPERAWATAN
FAKULTAS KEPERAWATAN
INSTITUT KESEHATAN PAYUNG NEGERI PEKANBARU**

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Pengaruh Terapi Aktivitas Kelompok Sosialisasi (TAKS) Terhadap Kemampuan Interaksi Sosial Pada Lansia di UPT Panti Sosial Tresna Werdha (PSTW) Khusnul Khotimah Dinas Sosial Provinsi Riau

xiv+ 44 halaman + 7 Tabel + 2 Skema + + 9 Lampiran

ABSTRAK

Perubahan psikologis yang sering dialami oleh lansia akan mengakibatkan lansia secara perlahan akan menarik dirinya dari hubungan dengan masyarakat sekitar sehingga nantinya dapat mempengaruhi interaksi sosial pada lansia itu sendiri. Tujuan penelitian untuk mengetahui pengaruh terapi aktivitas kelompok sosialisasi (taks) terhadap kemampuan interaksi sosial pada lansia di UPT Panti Sosial Tresna Werdha (PSTW) Khusnul Khotimah Dinas Sosial Provinsi Riau. Jenis penelitian adalah kuantitatif dengan desain *quasy eksperimen* dengan pendekatan *one group with pretes* dan *posttest*. Populasi adalah seluruh lansia, dengan jumlah sampel 13 orang. Teknik sampling menggunakan *purposive sampling*. Instrumen penelitian adalah kuesioner. Analisis data dilakukan secara univariat dan bivariat. Hasil penelitian bivariat dengan uji *paired sampel t test*, didapatkan nilai $p.value = 0,001 < 0,05$, dan disimpulkan bahwa ada pengaruh terapi aktivitas kelompok sosialisasi (taks) terhadap kemampuan interaksi sosial pada lansia di UPT PSTW Provinsi Riau. Diharapkan kepada pelayanan kesehatan mampu menjadi fasilitator sehingga terus meningkatkan kesejahteraan lansia melalui program promotif, preventif, kuratif dan rehabilitatif.

Kata Kunci : Terapi Aktivitas Kelompok Sosialisasi, Kemampuan Interaksi Sosial, Lansia
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The Effect of Socialization Group Activity Therapy (TAKS) on the Social Interaction Ability of the Elderly at UPT Tresna Werdha Social Home (PSTW) Khusnul Khotimah Social Service of Riau Province

xiv+ 44 pages + 7 Tables + 1 Schemes + 9 Appendices

ABSTRACT

The psychological changes that are often experienced by the elderly will result in the elderly slowly withdrawing from relationships with the surrounding community so that later this can affect the social interactions of the elderly themselves. The aim of the research was to determine the effect of socialization group activity therapy (taks) on the social interaction abilities of the elderly at the Khusnul Khotimah Social Service UPT Tresna Werdha (PSTW) Khusnul Khotimah Social Service of Riau Province. The type of research is quantitative with a quasi-experimental design with a one-group approach with pretest and posttest. The population is all elderly people, with a sample size of 13 people. The sampling technique uses purposive sampling. The research instrument is a questionnaire. Bivariate results using the paired sample t test, obtained a p.value = $0.000 < 0.05$, and it was concluded that there was an effect of socialization group activity therapy (taks) on the social interaction abilities of the elderly at UPT PSTW Riau Province. It is hoped that health services will be able to become facilitators so that they continue to improve the welfare of the elderly through promotive, preventive, curative and rehabilitative programs.

Keywords : Socialization Group Activity Therapy, Social Interaction Ability, Elderly

Bibliography: 20 (2016-2023)