

**PROGRAM STUDI S1 ILMU KESEHATAN MASYARAKAT FAKULTAS
KESEHATAN & INFORMATIKA INSTITUT KESEHATAN PAYUNG
NEGERI PEKANBARU**

Literature Review, 6 Desember 2025

Anis Wardiana

**Efektivitas Media Video Cuci Tangan Pakai Sabun (Ctps) Sebagai Upaya
Peningkatan Pengetahuan Siswa Di Lingkungan Sekolah**

V + 73 Halaman + 3 Tabel + 4 Lampiran

ABSTRAK

Latar Belakang: Cuci Tangan Pakai Sabun (CTPS) merupakan bagian penting dari Perilaku Hidup Bersih dan Sehat (PHBS), namun penerapannya di sekolah masih rendah. Media video menjadi alternatif pembelajaran yang efektif karena mampu menarik perhatian dan mempermudah pemahaman siswa. Tujuan: Menganalisis efektivitas media video dalam meningkatkan pengetahuan dan keterampilan siswa sekolah tentang CTPS. Metode: Penelitian ini menggunakan pendekatan *Literature Review* (SLR). Artikel diperoleh dari Google Scholar, PubMed, Since Direct dan database ilmiah lain dengan rentang tahun 2020–2025. Hasil: Sebagian besar penelitian menunjukkan media video efektif meningkatkan pengetahuan, sikap, dan praktik CTPS siswa. Video animasi dan edukatif terbukti meningkatkan hasil *pre-test* dan *post-test* serta mempermudah siswa memahami langkah mencuci tangan dengan benar. Kesimpulan: Media video merupakan sarana edukasi yang efektif dan menarik untuk meningkatkan perilaku CTPS di sekolah, sehingga disarankan diintegrasikan dalam program UKS dan kegiatan pembelajaran.

Kata Kunci: CTPS, media Video, Pengetahuan Siswa, Anak Sekolah

Daftar Bacaan: 25 (2020-2025)

**PROGRAM STUDY S1 PUBLIC HEALTH FACULTY OF HEALTH AND
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Literature Review, 6 Desember 2025

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**The Effectiveness Of Hand Washing With Soap (HWWS) Video Media In
Improving School Students Knowledge**

V + 73 Pages + 3 Tables + 4 Lampiran

Abstract

Background: Handwashing with Soap (HWWS) is an important part of Clean and Healthy Living Behaviors (PHBS), but its implementation in elementary schools remains low. Video media is an effective learning alternative because it can attract students' attention and facilitate understanding. Objective: To analyze the effectiveness of video media in improving elementary school students' knowledge and skills regarding HWWS. Methods: This study used a *Literature Review* approach with a narrative synthesis method. Articles were obtained from Google Scholar, Garuda Kemendikbud, and other scientific databases covering the years 2020–2025. Results: Most studies indicate that video media is effective in improving students' knowledge, attitudes, and practices of HWWS. Animated and educational videos have been shown to improve pre- and post-test results and facilitate students' understanding of proper handwashing steps. Conclusion: Video media is an effective and engaging educational tool for improving HWWS behavior in elementary schools, therefore it is recommended to integrate it into the School Health Unit (UKS) program and learning activities.

Keywords: HWWS, Video Media, Student Knowledge, Elementary School

References: 25 (2020-2025)