

**PROGRAM SUDI S1 KEPERAWATAN
FAKULTAS KEPERAWATAN
INSTITUT KESEHATAN PAYUNG NEGERI PEKNABARU**

Skripsi, Juli 2024
SITI NURDIANA

**PENGARUH POTTY TRAINING FLASH CARD TERHADAP
KEMAMPUAN TOILET TRAINING PADA ANAK USIA 3-6 TAHUN D
TAMAN KANAK-KANAK (TK) AISIYIAH KOTA PEKANBARU**

Xii + 61 Halaman + 6 Tabel + 2 Skema + 12 Lampiran

Toilet Training adalah proses menggunakan toilet secara mandiri. Proses ini melibatkan pengenalan anak pada penggunaan toilet untuk buang air kecil dan buang air besar, serta mengajarkan tentang kebersihan setelah menggunakan toilet. Masalah yang di hadapi anak tersebut adalah BAK dan BAB sembarangan dan menimbulkan masalah kemandirian anak dalam melakukan *toilet training*. Pemilihan media pembelajaran flash card dapat memaksimalkan aktivitas belajar anak berupa gambar yang menarik dan menggunakannya dengan cara sambil bermain. Penelitian ini bertujuan untuk mengetahui pengaruh *Potty Training Flash Card* terhadap kemampuan *Toilet Training* pada anak usia 3-6 tahun Di Taman Kanak-Kanak (TK) Asiyiah Kota Pekanbaru. Penelitian ini menggunakan *desain quasy eksperimen pre and post test without control*. Populasi penelitian adalah anak usia 3-6 tahun bersekolah di TK Aisyiyah Kota Pekanbaru dengan teknik sampling *Purposive sampling* jumlah sampel 19 responden. Instrumen penelitian menggunakan kuesioner kemampuan *Toilet Training*. Penelitian ini dilakukan tanggal 15 s/d 27 Juli 2024 sebanyak 4 hari berturut-turut dan juga melakukan observasi selama seminggu. Analisis yang digunakan adalah analisis univariat dan analisis bivariat menggunakan *paired t-test*. Hasil penelitian ini didapatkan nilai rata-rata kemampuan *Toilet Training* sebelum di berikan intervensi yaitu 30,79 sedangkan rata-rata kemampuan *Toilet Training* sesudah di berikan intervensi yaiu 46,79. Hasil uji *paired t-test* menunjukkan nilai *p-value* sebesar 0,001 ($<0,05$). Maka dapat disimpulkan bahwa *Potty Training Flash Card* berpengaruh terhadap kemampuan *Toilet Training*. Dengan dilakukan penelitian ini diharapkan media flash card menjadi salah satu media pembelajaran bagi orang tua dan guru dalam proses pembelajaran.

Kata kunci : *Potty Training Flash Card*; *Toilet Training*; Anak

Referensi : 28 (2013-2024)

**STUDY PROGRAM S1 NURSING
NURSING FACULTY
INSTITUT KESEHATAN PAYUNG NEGERI PEKANBARU**

Research, July 2024
SITI NURDIANA

**THE INFLUENCE OF POTTY TRAINING FLASH CARD ON TOILET
TRAINING ABILITY IN CHILDREN AGED 3-6 YEARS AT AISIYIAH
KINDERGARTEN (TK) PEKANBARU CITY**

Xii + 61 Pages + 6 Tables + 2 Schemes + 12 Appendices

Toilet Training is the process of using the toilet independently. This process involves introducing children to the use of the toilet for urinating and defecating, as well as teaching them about hygiene after using the toilet. The problems faced by these children are urinating and defecating indiscriminately and causing problems with the child's independence in carrying out toilet training. Choosing flash card learning media can maximize children's learning activities in the form of interesting pictures and use them while playing. This research aims to determine the effect of Potty Training Flash Cards on Toilet Training abilities in children aged 3-6 years in Asiyiah Kindergarten (TK) Pekanbaru City. This research uses a quasi-experimental design, pre and post test without control. The research population was children aged 3-6 years attending Aisyiah Kindergarten, Pekanbaru City using a purposive sampling technique with a sample size of 19 respondents. The research instrument used a Toilet Training ability questionnaire. This research was conducted from 15 to 27 July 2024 for 4 consecutive days and also carried out observations for a week. The analysis used is univariate analysis and bivariate analysis using paired t-test. The results of this study showed that the average value of Toilet Training ability before the intervention was given was 30.79, while the average value of Toilet Training ability after the intervention was given was 46.79. The results of the paired t-test show a p-value of 0.001 (<0.05). So it can be concluded that Potty Training Flash Cards influence Toilet Training abilities. By conducting this research, it is hoped that flash card media will become a learning medium for parents and teachers in the learning process.

Keywords: Potty Training Flash Card; Toilet Training; Child

Reference : 28 (2013-2024)