

**PROGRAM STUDI S1 ILMU KESEHATAN MASYARAKAT FAKULTAS
KESEHATAN & INFORMATIKA INSTITUT KESEHATAN PAYUNG
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**Analisis Penerapan Adiwiyata Dalam Meningkatkan Perilaku Hidup Bersih
Dan Sehat (Phbs) Sekolah Dasar**

ABSTRAK

Pendidikan memiliki peran penting dalam membentuk karakter dan perilaku peserta didik agar memiliki kepedulian terhadap kebersihan, kesehatan, dan lingkungan. Salah satu upaya strategis dalam pendidikan dasar untuk menanamkan nilai-nilai tersebut adalah melalui penerapan Program Adiwiyata. Program ini bertujuan mewujudkan sekolah yang peduli dan berbudaya lingkungan melalui empat komponen utama, yaitu kebijakan berwawasan lingkungan, pelaksanaan kurikulum berbasis lingkungan, kegiatan partisipatif, serta pengelolaan sarana prasarana yang mendukung perilaku hidup bersih dan sehat (PHBS). Penelitian ini menggunakan metode Systematic Literature Review (SLR) dengan model analisis PRISMA, menelaah 25 jurnal nasional dan internasional (2015–2025) yang membahas implementasi Program Adiwiyata di sekolah dasar. Hasil kajian menunjukkan bahwa pelaksanaan Adiwiyata secara konsisten berkontribusi positif terhadap peningkatan perilaku hidup bersih dan sehat siswa, seperti kebiasaan mencuci tangan, menjaga kebersihan kelas, dan pengelolaan sampah secara terpilah. Faktor pendukung utama mencakup komitmen pimpinan sekolah, partisipasi warga sekolah, dan ketersediaan fasilitas kebersihan. Namun, beberapa kendala ditemukan seperti keterbatasan dana, sarana sanitasi, serta kurangnya konsistensi pelaksanaan program. Secara keseluruhan, hasil telaah ini menegaskan bahwa Program Adiwiyata efektif sebagai strategi pendidikan lingkungan untuk membentuk karakter dan perilaku hidup bersih serta sehat siswa sekolah dasar dan relevan dengan konsep *Education for Sustainable Development (ESD)* di tingkat global.

Kata Kunci: *Adiwiyata, PHBS, Sekolah Dasar, Pendidikan Lingkungan*

***UNDERGRADUATE PROGRAM IN PUBLIC HEALTH, FACULTY OF
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***Analysis of Adiwiyata Implementation in Improving Clean and Healthy Living
Behaviors (PHBS) in Elementary Schools: Literature Review***

ABSTRACT

This Education plays an essential role in shaping students' character and behavior to become knowledgeable, ethical, and environmentally responsible individuals. One of the strategic efforts in elementary education to instill these values is through the implementation of the Adiwiyata Program. This program aims to create environmentally caring and cultured schools through four key components: environmentally oriented policies, environmental-based curriculum implementation, participatory activities, and the management of facilities that support clean and healthy living behaviors (PHBS). This study employed a Systematic Literature Review (SLR) approach using the PRISMA analytical framework, reviewing 25 national and international journals published between 2015 and 2025 that discuss the implementation of the Adiwiyata Program in elementary schools. The findings reveal that consistent implementation of Adiwiyata contributes positively to improving students' clean and healthy living behaviors, such as handwashing habits, classroom hygiene, and waste segregation. Key supporting factors include strong school leadership, active participation of the school community, and adequate hygiene facilities. Conversely, challenges identified include limited funding, inadequate sanitation infrastructure, and inconsistency in program execution. Overall, the review concludes that the Adiwiyata Program is an effective environmental education strategy for shaping elementary students' clean and healthy living behavior and character, aligning with the principles of Education for Sustainable Development (ESD).

Keywords: *Adiwiyata, Clean and Healthy Living Behavior, Elementary School, Environmental Education*