

DAFTAR PUSTAKA

- Ahn, Y., Rhie, J., Kim, M., & Kim, M. (2022). *The relevant factors of work-related fatigue for occupational vibration- exposed employees*. 1–12.
- Arfandi Setiawan, M., Awaluddin, A., Wahyuni, A., & Rohim Tualeka, A. (2020). Factors Associated with Work Fatigue in Workers of the Nipah Building Construction Project Makassar. *Indian Journal of Public Health Research & Development*, 11(1), 1289. <https://doi.org/10.37506/v11/i1/2020/ijphrd/194020>
- Asri, A., Matrutty, S., Alim, A., & S, A. M. (2023). Work Fatigue: an Analytical Study of Workers At Pt. Distribusi Energi Mandiri, Makassar City, Indonesia. *Jurnal Riset Kesehatan*, 12(1), 28–34. <https://doi.org/10.31983/jrk.v12i1.9466>
- Barus, A. N. B. (2022). *Hubungan Kelelahan Fisik dengan Stress pada Ibu Rumah Tangga Dimasa Pandemi di Sekolah Jaya P.Batu*.
- Bunga Sari, Hendri, A., Decy, S., & Mugi, W. (2021). Faktor Yang Mempengaruhi Kelelahan Kerja Pada Tenaga Kesehatan Lapangan Dompot Dhuafa Pada Masa Pandemi Covid 19. *Jurnal Kesehatan Masyarakat Indonesia*, 2(1), 40–51.
- Cunningham, T. R., Guerin, R. J., Ferguson, J., & Cavallari, J. (2022). Disproportionate Occupational Risks. *Am J Ind Med*, 65(11), 913–925. <https://doi.org/10.1002/ajim.23325>. Work-related
- Dimkatni, N. W., Nurhamidin, S. W., Akbar, H., Fauzan, R., Rumaf, F., & Tutu, C. G. (2025). *Hubungan beban kerja, kualitas tidur dengan kelelahan kerja pada kurir kotamobagu*. 6, 6121–6130.
- Djamalus, H. (2024). Health Journal Analysis of Risk Factors for Subjective Work Fatigue Levels Among Nurses at RS.Otak. *Journal Health-Volume*, 15, 84–94. <http://ejurnal.stikesprimanusantara.ac.id/>
- Fauziah, A. U., & Kusumawati, D. (2020). *Informasi Kesehatan melalui Penyuluhan , Poster dan Leaflet di Dusun Talang Parit Desa Kemingking Dalam Kecamatan Taman Rajo Provinsi Jambi*. 2(2), 157–162.
- Hastoro, M. F. R. (2022). Relationship Between Physical Workload, Sleep Quality, Work Climate, and Noise Level With Work Fatigue in Rolling Mill Workers in Sidoarjo Steel Industry. *Indonesian Journal of Public Health*, 17(2), 319–330. <https://doi.org/10.20473/ijph.v17i2.2022.319-330>
- Hsu, H. C. (2019). Age differences in work stress, exhaustion, well-being, and related factors from an ecological perspective. *International Journal of Environmental Research and Public Health*, 16(1). <https://doi.org/10.3390/ijerph16010050>

- Hulme, K., Little, P., Burrows, A., Julia, A., & Moss-Morris, R. (2019). Subacute fatigue in primary care – two sides of the story. *British Journal of Health Psychology*, 24(2), 419–442. <https://doi.org/10.1111/bjhp.12361>
- Jual, H., Di, P., Sindang, D., Kec, K., & Barat, R. (2023). 1, 2 1,2. 3(1), 123–128.
- Kurniawati, A. (2021). Tinjauan Kualitas Lingkungan Fisik Dan Kelelahan Tenaga Kerja Di Cv Kayu Manis Donoloyo Tamanan Banguntapan Bantul. *Paper Knowledge . Toward a Media History of Documents*, 13–41.
- Linoe, R. G., Sumampouw, O. J., & Wowor, R. E. (2023). Hubungan Postur Kerja dan Kelelahan Kerja pada Pekerja PT. Nusantara Sejahtera Bersama Beton Indonesia di Desa Tateli Kabupaten Minahasa. *Jurnal Lentera Sehat Indonesia*, 2(1), 44–49.
- Lucas, R. A. I., Epstein, Y., & Kjellstrom, T. (2019). Excessive occupational heat exposure: A significant ergonomic challenge and health risk for current and future workers. *Extreme Physiology and Medicine*, 3(1), 1–8. <https://doi.org/10.1186/2046-7648-3-14>
- Maftuh, M., Haryanti, T., & Johar, S. A. (2021). Pengaruh Iklim Kerja Panas Terhadap Kelelahan Kerja pada Operator Steam di PT. XYZ Boyolali. *Jurnal Penelitian Dan Pengembangan Kesehatan Masyarakat Indonesia*, 2(2), 141–147. <https://doi.org/10.15294/jppkmi.v2i2.52432>
- Muhammad Alfiansyah Miftachul Ridho; Sri Wahyuni; Nur Falah Setyawati. (2024). Analisis Beban Kerja Terhadap Kelelahan Fisik Pada Tenaga Kerja PT Galangan Kalimas Kota Balikpapan. *Jurnal Keselamatan, Kesehatan Kerja Dan Lindungan Lingkungan*, 10(1), 129–135.
- Mustofani, & DwiYanti, E. (2019). Relationship between Work Climate and Physical Workload with WorkRelated Fatigue. *Indonesian Journal of Occupational Safety and Health*, 8(2), 150–157. <https://doi.org/10.20473/ijosh.v8i2.2019.150-157>
- Nieciecka, A., Tomys-Składowska, J., Lamch, M., Jabłońska, M., Błasik, N., Janiszewska, M., & Wójcik-Kula, A. (2023). Chronic fatigue syndrome – challenge in diagnosis and management: a literature review. *Journal of Medical Science*, 92(4), e877. <https://doi.org/10.20883/medical.e877>
- Potensi, D., Pada, K., & Proyek, P. (n.d.). *Kata kunci*: 711–719.
- Pratiwi, N., Nirmala, F., & Dewi, S. T. (2025). Hubungan Beban Kerja, Durasi Kerja, Lingkungan Kerja, Terhadap Stres Kerja Pada Karyawan PT. PLN PLTD Poasia Kendari. *Journal of Health Sciences Leksia*, 3(2), 55–65. <http://jhsljournal.com/index.php/ojs/article/view/103>
- Putri, A. S., Situngkir, D., Handayani, P., Ayu, I. M., Studi, P., Masyarakat, K., Kesehatan, F. I., & Esa, U. (2023). Hubungan Faktor Eksternal Dengan Kelelahan Kerja Pada Pengemudi Truk Kontainer Di Pt X, Y, Dan Z Tahun 2023. 4(September), 3985–3991.

- Rahmawati, R., & Azwar, A. G. (2025). Analisis Kelelahan Subjektif dan Objektif Pada Pengemudi Ojek Online di Kota Bandung. *Rekayasa Industri Dan Mesin (ReTIMS)*, 6(2), 84–88. <https://doi.org/10.32897/retims.2025.6.2.3831>
- Russeng, S. S., Saleh, L. M., Mallongi, A., & Hoy, C. (2021). The relationship among working period, work shift, and workload to work fatigue in air traffic controllers at Sultan Hasanuddin Airport. *Gaceta Sanitaria*, 35, S404–S407. <https://doi.org/10.1016/j.gaceta.2021.10.062>
- Sharma, S., & Kumar, S. (2024). Understanding the Facets of Work-Related Fatigue Moderated by Cognitive, Behavioural and Contemplative Coping Strategies: A Conceptual Analysis. *NMIMS Management Review*, 32(4), 257–264. <https://doi.org/10.1177/09711023241310292>
- Suhartini, S., Wahyu, A., & Indarty, A. (2022). *The Effect of Participatory Ergonomic on Fatigue Disorders of Workers in PT. Industri Kapal Indonesia (Persero)*. 10, 674–680.
- Tornero-Aguilera, J. F., Jimenez-Morcillo, J., Rubio-Zarapuz, A., & Clemente-Suárez, V. J. (2022). Central and Peripheral Fatigue in Physical Exercise Explained: A Narrative Review. *International Journal of Environmental Research and Public Health*, 19(7). <https://doi.org/10.3390/ijerph19073909>
- WHO, & ILO. (2021). WHO/ILO joint estimates of the work-related burden of disease and injury, 2000-2016: global monitoring report. In *Geneva: World Health Organization and the International Labour Organization*.
- Wu, T., Tan, X., Li, Y., Liang, Y., & Fan, J. (2024). The Relationship between Occupational Fatigue and Well-Being: The Moderating Effect of Unhealthy Eating Behaviour. *Behavioral Sciences*, 14(1). <https://doi.org/10.3390/bs14010032>