

**PROGRAM STUDI PENDIDIKAN PROFESI BIDAN
FAKULTAS KEBIDANAN
INSTITUT KESEHATAN PAYUNG NEGERI PEKANBARU**

Evidence Based Practice, 28 Agustus 2026

Asides Melta
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“Asuhan Kebidanan Berkesinambungan Pada Ny.S Dengan Penggunaan Media *E-Booklet* Tentang Teknik Menyusui Pada Ibu Hamil Trimester III Di Klinik Pratama Afiah”

xii + 153 Halaman + 14 Tabel + 2 Gambar + 9 Lampiran

ABSTRAK

Kurangnya pengetahuan ibu mengenai teknik menyusui yang benar dapat memengaruhi keberhasilan pemberian ASI. Salah satu upaya yang dapat dilakukan adalah pemberian edukasi menggunakan media *e-booklet* sejak masa kehamilan trimester III. Tujuan karya ilmiah ini adalah melaksanakan asuhan kebidanan berkesinambungan (*Continuity of Care*) pada Ny. S dengan penerapan *e-booklet* teknik menyusui di Klinik Pratama Afiah. Metode yang digunakan adalah asuhan kebidanan berkesinambungan mulai dari kehamilan trimester III, persalinan, bayi baru lahir, nifas, hingga keluarga berencana. Pengumpulan data dilakukan melalui wawancara, observasi, pemeriksaan fisik, dokumentasi, kuesioner pre-test dan post-test, serta observasi menggunakan *LATCH Score*. Intervensi *Evidence Based Midwifery* berupa edukasi teknik menyusui menggunakan media *e-booklet* disertai demonstrasi dan praktik langsung. Hasil asuhan menunjukkan bahwa seluruh tahapan asuhan berlangsung secara fisiologis. Setelah diberikan edukasi, terjadi peningkatan pengetahuan ibu mengenai teknik menyusui, ibu mampu mempraktikkan posisi dan pelekatan yang benar, serta hasil observasi *LATCH Score* menunjukkan kemampuan menyusui yang baik. Ibu juga lebih percaya diri dalam menyusui dan pengeluaran ASI berlangsung lancar. Kesimpulan, penggunaan media *e-booklet* efektif sebagai media edukasi untuk meningkatkan pengetahuan dan keterampilan teknik menyusui pada ibu hamil trimester III serta dapat diterapkan sebagai *Evidence Based Practice* dalam pelayanan kebidanan.

Kata Kunci: Asuhan Kebidanan Berkesinambungan, *E-Booklet*, Teknik Menyusui, Ibu Hamil Trimester III, *LATCH Score*.

Daftar Bacaan : 34 (2020-2026)

**BACHELOR PROFESSION EDUCATION PROGRAM
FACULTY OF MIDWIFERY
INSTITUTE KESEHATAN PAYUNG NEGERI PEKANBARU**

Evidence Based Practice, August 28, 2026

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“Continuity Of Midwifery Care For Mrs. S Using An E-Booklet Media On Breastfeeding Techniques For Third-Trimester Pregnant Women At Afiyah Primary Clinic”

xiii + 153 Pages + 14 Tables + 2 Figure + 9 Appendices

ABSTRACT

Lack of maternal knowledge regarding proper breastfeeding techniques can affect the success of breastfeeding. One effort to address this issue is providing education through an e-booklet during the third trimester of pregnancy. The purpose of this case study was to provide Continuity of Care (CoC) midwifery services for Mrs. S through the implementation of a breastfeeding technique e-booklet at Afiyah Primary Clinic.

The method used was continuous midwifery care covering the third trimester of pregnancy, childbirth, newborn care, postpartum care, and family planning services. Data were collected through interviews, observations, physical examinations, documentation, pre-test and post-test questionnaires, and breastfeeding assessments using the LATCH Score. The Evidence-Based Midwifery intervention consisted of breastfeeding education using an e-booklet accompanied by demonstrations and direct practice.

The results showed that all stages of care progressed physiologically. After receiving the educational intervention, the mother's knowledge of breastfeeding techniques improved, she was able to correctly practice breastfeeding positions and latch-on techniques, and the LATCH Score assessment indicated good breastfeeding performance. The mother also became more confident in breastfeeding, and breast milk production was adequate.

In conclusion, the use of an e-booklet was effective as an educational medium for improving knowledge and skills related to breastfeeding techniques among third-trimester pregnant women and can be applied as an Evidence-Based Practice in midwifery services.

Keywords: *Continuity of Midwifery Care, E-Booklet, Breastfeeding Technique, Third-Trimester Pregnant Women, LATCH Score.*

References: 34 (2020–2026)