

**PROGRAM STUDI S1 KEPERAWATAN
INSTITUT KESEHATAN PAYUNG NEGERI PEKANBARU**

Skripsi, Mei 2024

Siti Rusdyanti
22311026

Hubungan *Breastfeeding Father* Dengan Keberhasilan ASI Eksklusif Di Wilayah Kerja Puskesmas Umban Sari Pekanbaru

xii+54 Halaman+11 Tabel + 7 Lampiran

ABSTRAK

Pengaruh signifikan terhadap keputusan ibu dalam proses menyusui. Suami yang memberikan dukungan positif akan meningkatkan keberhasilan dalam pemberian ASI. Kegagalan pemberian ASI eksklusif salah satunya disebabkan oleh kurangnya *Breastfeeding Father* (dukungan ayah/suami). Keberhasilan menyusui sangat ditentukan oleh peran ayah sebagai breastfeeding father karena ayah akan turut menentukan refleks pengeluaran ASI (*let down refleks*) yang sangat dipengaruhi oleh keadaan emosi atau perasaan ibu. Tujuan penelitian ini adalah, untuk mengidentifikasi hubungan breastfeeding father dengan keberhasilan ASI eksklusif. Metode penelitian ini menggunakan metode kuantitatif dengan pendekatan *cross sectional*. Patisipan berjumlah 197 orang. Hasil pengumpulan data menggunakan kuesioner. Kesimpulan didapatkan hasil bahwa ada hubungan antara breastfeeding father dengan keberhasilan ASI eksklusif.

Kata kunci : ASI eksklusif, breastfeeding father, menyusui
Daftar pustaka : 34 (2014-2024)

**STUDY PROGRAM S1 NURSING
INSTITUTE HEALTH PAYUNG NEGERI PEKANBARU**

Siti Rusdyanti

22311026

*The relationship between breastfeeding fathers and the success of exclusive breastfeeding in the working area of the Umban Sari Community Health Center
xiii+52 Pages+6 Tables+ 10 Aatachments*

Abstrak

Breastfeeding is a mother's duty, but a father has a significant influence on a mother's decision in the breastfeeding process. Husbands who provide positive support will increase success in breastfeeding. Failure to provide exclusive breastfeeding is caused by a lack of Breastfeeding Father (father/husband support). The success of breastfeeding is largely determined by the father's role as a breastfeeding father because the father will also determine the breast milk production reflex (let down reflex) which is greatly influenced by the mother's emotional state or feelings. The aim of this research is to identify the relationship between breastfeeding fathers and the success of exclusive breastfeeding. This research method uses quantitative methods with a cross sectional approach. Participants numbered 197 people. The results of data collection using a questionnaire. The conclusion was that there was a relationship between breastfeeding fathers and the success of exclusive breastfeeding.

*Key words: exclusive breastfeeding, breastfeeding father, breastfeeding
Refrence : 39 (2014-2022)*