

**PROGRAM STUDI S1 KEPERAWATAN FAKULTAS KEPERAWATAN
INSTITUT KESEHATAN PAYUNG NEGERI PEKANBARU**

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Hubungan Pengetahuan Tentang Persiapan Pranikah Dengan Kesiapan Calon
Pengantin Wanita Mempersiapkan Kehamilan Sehat Di Kantor Urusan Agama
(KUA) Tapung Hilir

XII + 80 Halaman + 8 Tabel + 1 Skema + 10 Lampiran

ABSTRAK

Menjelang pernikahan, banyak calon pengantin yang tidak mempunyai cukup pengetahuan dan informasi tentang kesehatan reproduksi dalam berkeluarga. Hal ini tentu saja dapat menimbulkan dampak negative seperti adanya resiko penularan penyakit, komplikasi kehamilan, kecacatan bahkan kematian ibu dan bayi. Tingkat pengetahuan kesehatan perempuan sangat diperlukan sejak remaja agar dapat mempersiapkan kesehatan prakonsepsi sejak dini dan mampu mengoptimalkan kehamilannya. Tujuan penelitian ini untuk mengetahui hubungan pengetahuan tentang persiapan kesehatan pranikah dengan kesiapan calon pengantin wanita mempersiapkan kehamilan sehat di Kantor Urusan Agama (KUA) Tapung Hilir. Metode dalam penelitian ini adalah kuantitatif dengan desain penelitian *cross-sectional*. Sampel penelitian ini berjumlah 36 calon pengantin dengan teknik pengambilan sampel *Accidental sampling*. Hasil penelitian didapatkan $p\text{ value} = 0.00 < 0.05$ yang artinya H_0 ditolak, sehingga dapat disimpulkan terdapat hubungan pengetahuan tentang persiapan pranikah dengan kesiapan calon pengantin wanita mempersiapkan kehamilan sehat di Kantor Urusan Agama (Kua) Tapung Hilir. Rekomendasi penelitian ini diharapkan tempat penelitian dapat memberikan edukasi kepada setiap calon pengantin sebelum menikah agar dapat mempersiapkan kehamilan yang sehat.

Kata Kunci : Calon Pengantin, Kehamilan, Pengetahuan, Pranikah

Daftar Pustaka : 50 (2019-2023)

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Relationship between knowledge about premarital preparation and readiness of prospective brides to prepare for a healthy pregnancy at the Tapung Hilir Religious Affairs Office (KUA)

XII + 80 Pages + 10 Tables + 1 Scheme + 10 Appendixes

ABSTRACT

Before the wedding, many prospective brides and grooms do not have enough knowledge and information about reproductive health in starting a family. This of course can have negative impacts such as the risk of disease transmission, pregnancy complications, disability and even death of mother and baby. A level of knowledge about women's health is needed from adolescence in order to be able to prepare for preconception health from an early age and be able to optimize pregnancy. The aim of this research is to determine the relationship between knowledge about premarital health preparation and the bride's readiness to prepare for a healthy pregnancy at the Tapung Hilir Religious Affairs Office (KUA). The method in this research is quantitative with a cross-sectional research design. The sample for this research consisted of 36 prospective brides and grooms using the sampling technique Accidental sampling. The research results showed that $p \text{ value} = 0.00 < 0.05$, which means that H_0 was rejected, so it can be concluded that there is a relationship between knowledge about pre-wedding preparation and the prospective bride's readiness to prepare for a healthy pregnancy at the Tapung Hilir Office of Religious Affairs (Kua). The recommendations for this research are that it is hoped that the research site can provide education to every prospective bride and groom before marriage so that they can prepare for a healthy pregnancy.

Keywords : Bride-to-be, Pregnancy, Knowledge, Premarital
Bibliography : 50 (2019-2023)