PROGRAM STUDI S1 KEPERAWATAN
STIKES PAYUNG NEGERI PEKANBARU

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Hubungan *Self Efficacy* Dengan *Burnout* Saat Praktik Klinik Mahasiswa Profesi Ners Stikes Payung Negeri Pekanbaru Di Masa Pandemi Covid-19

XI + 44 Halaman + 8 Tabel + 1 Skema + 5 Lampiran

ABSTRAK

Self efficacy sangat dibutuhkan seorang perawat maupun pada mahasiswa profesi. Banyaknya permasalahan yang dialami oleh mahasiswa selama menjalani praktik klinik menjadi stresor bagi mahasiswa. Stresor yang terjadi secara terus menerus dan tidak mampu diadaptasi oleh individu akan menimbulkan beberapa gejala yang disebut dengan *Burnout.* Tujuan penelitian ini adalah mengetahui hubungan antara *self efficacy* dengan *burnout* saat praktik klinik mahasiswa Profesi Ners stikes payung negeri pekanbaru saat pandemi covid-19. Penelitian ini adalah penelitian kuantitatif dengan menggunakan desain *Deskriptif Korelasi* dengan pendekatan *cross sectional.* Sampel pada penelitian ini berjumlah 81 orang Mahasiswa Profesi Ners STIKes Payung Negeri Pekanbaru. Teknik pengambilan sampel pada penelitian ini menggunakan teknik *total sampling.* Pengumpulan data pada penelitian ini menggunakan kuesioner tingkat *self efficacy* dan kuesioner tingkat gejala *burnout* dalam bentuk *google form.* Analisis yang digunakan adalah *uji statistic chi square.* Hasil penelitian didapatkan ada hubungan yang signifikan antara *Self efficacy* Dengan *Burnout* Saat Praktik Klinik Mahasiswa Profesi Ners dengan nilai *p* value 0.000 > 0.005. Rekomendasi untuk peneliti selanjutnya agar dapat mengidentifikasi faktor-faktor yang dapa mempengaruhi *self efficacy* dan bagaimana cara meningkatkan nilai *self efficacy* khususnya pada mahasiswa pendidikan profesi ners.

Kata Kunci : *Self Efficacy, Burnout,* Praktik Klinik
Daftar Bacaan : 38 (2012-2022)

NURSING PROGRAM
STIKES PAYUNG NEGERI PEKANBARU

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The Relationship Between Self Efficacy And Burnout During Clinical Practice Of Professional Students Ners STIKes Payung Pekanbaru State During The Covid-19 Pandemic

XI + 44 pages+ 8 tables + 1 shemes + 5 attachments

ABSTRACT

Self-efficacy is needed by a nurse and in professional students. The many problems experienced by students during clinical practice become stressors for students. Stressors that occur continuously and are unable to be adapted by individuals will cause several symptoms called Burnout. The purpose of this study is to determine the relationship between self-efficacy and burnout during the clinical practice of students of the Profession Ners stikes umbrella in Pekanbaru during the covid -19 pandemic. This research is a quantitative study using a Descriptive Correlation design with a cross sectional approach. The sample in this study was 81 Professional Students of Ners STIKes Payung Negeri Pekanbaru. The sampling technique in this study used the total sampling technique. Data collection in this study used a self-efficacy level questionnaire and a burnout symptom level questionnaire in the form of a google form. The analysis used is a statistical chi square test. The results of the study found that there was a significant relationship between Self efficacy and Burnout During Clinical Practice of Ners Professional Students with a p value of 0.000 > 0.005. Recommendations for subsequent researchers to be able to identify factors that can affect self-efficacy and how to increase the value of self-efficacy, especially in students of professional education ners.

Keywords : Self Efficacy, Burnout, Clinical Practice
Reading List : 38 (2012-2022)