

**PROGRAM STUDI S1 KEPERAWATAN FAKULTAS  
KEPERAWATAN INSTITUT KESEHATAN PAYUNG NEGERI  
PEKANBARU Studi Systematic Literature Review, Desember 2024**

**Risky Febrian**

***Systematic Literature Review Efektivitas Health Education Berbasis Care***

***Giver Dalam Meningkatkan Pencapaian Tugas Kesehatan Keluarga***

**Vi + 53 Halaman + 8 Skema + 9 Tabel + 8 lampiran**

**ABSTRAK**

Tugas Kesehatan keluarga menjadi hal yang penting di perhatikan pada keluarga, hal yang penting di perhatikan mulai dari segi aspek sejauh mana keluarga harus memiliki kemampuan untuk bisa mengenal masalah kesehatan, pengambilan keputusan, memberikan pelayanan kesehatan keluarga. Dalam meningkatkan upaya kesehatan keluarga, dapat menggunakan edukasi pada keluarga atau orang-orang terdekatnya melalui suatu kegiatan pemberian penyuluhan kesehatan dengan harapan dapat mengidentifikasi factor risiko. *Care Giver* sebagai salah satu upaya untuk memenuhi kebutuhan keluarga melalui pelaksanaan tugas kesehatan keluarga. *Care Giver* merupakan cerminan kemampuan keluarga dalam mempertahankan dan meningkatkan status kesehatan keluarga. Metode yang dilakukan dalam studi *systematic literature review* yaitu dengan melakukan metode telaah pada *database Google Scholar* dan *pubmed*. Dengan menggunakan strategi pencarian artikel yaitu *PEO (Population, Exposure, Outcome) framework*, Dengan kode *(P)Family, (E)Health Education, (O)Care Giver*. Peneliti menggunakan 10 artikel dalam melakukan telaah *Systematic Literature Review*. Pada awal pencarian peneliti mendapatkan 60 Jurnal dari 2 sumber atau *data base* yaitu *Google Scholar* dan *PubMed* Dari 9 artikel yang di telaah dapat di simpulkan bahwa pengaruh *Health Education* berbasis *Care Giver* dalam meningkatkan pencapaian tugas kesehatan keluarga sangat berpengaruh dan efektif. Dari 9 artikel yang di telaah peneliti mendapatkan semua hasil penelitian menyatakan *health education* berbasis *care giver* dapat meningkatkan tugas kesehatan keluarga.

Kata Kunci : Keluarga, *health education*, *care giver*.

Daftar Bacaan : 2019 - 2024

**BACHELOR OF NURSING PROGRAM, FACULTY OF NURSING  
PAYUNG NEGERI INSTITUTE OF HEALTH SCIENCE STUDY  
SYSTEMATIC LITERATURE REVIEW, DECEMBER 2024**

**Risky Febrian**

***Systematic Literature Review of the Effectiveness of Care Giver-Based  
Health Education in Increasing the Achievement of Family Health Tasks***

**vii + 53 Pages + 8 Schemes + 9 Tables + 8 Appendixes**

**ABSTRACT**

The task of family health is an important thing for families to pay attention to, the important thing to pay attention to is starting from the aspects to which the family must have the ability to recognize health problems, make decisions, and provide family health services. In improving family health efforts, you can use education to your family or those closest to you through health education activities in the hope of identifying risk factors. Care Giver is an effort to meet family needs through carrying out family health duties. Care Giver is a reflection of the family's ability to maintain and improve the family's health status. The method used in the systematic literature review study is by conducting a review method on the Google Scholar and PubMed databases. By using an article search strategy, namely PEO (Population, Exposure, Outcome) framework, with codes (P)Family, (E)Health Education, (O)Care Giver. Researchers used 9 articles in conducting a Systematic Literature Review. At the start of the search, the researchers found 60 journals from 2 sources or data bases, namely Google Scholar and PubMed. From the 9 articles reviewed, it can be concluded that the influence of Care Giver-based Health Education in increasing the achievement of family health tasks is very influential and effective. Of the 9 articles reviewed by researchers, all research results stated that care giver-based health education could improve family health tasks.

Keywords References : Family, Health education, Care giver.  
headache : (2019 – 2024)