

**PROGRAM STUDI S1 KEPERAWATAN
STIKES PAYUNG NEGERI PEKANBARU**

Skripsi, Agustus 2021

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**Hubungan Pengetahuan Ibu Dengan Kecemasan Ibu Menghadapi Persalinan
Dimasa Pandemi Covid-19 Di Rumah Sakit Santa Maria Pekanbaru**

xiii + 54 Halaman + 12 Tabel + 8 Lampiran

ABSTRAK

Situasi pandemi *Corona Virus Disease-19* (Covid-19) ini meningkatkan kecemasan ibu hamil. Kehamilan yang disertai dengan kecemasan akan menurunkan imun ibu sehingga ibu hamil akan semakin rentan terinfeksi covid-19. Meningkatnya jumlah pasien terkonfirmasi covid-19 ini merupakan faktor presipitasi kecemasan pada ibu hamil yang akan menghadapi persalinan. Tujuan penelitian ini adalah untuk mengetahui hubungan pengetahuan ibu dengan kecemasan ibu menghadapi persalinan dimasa pandemi covid-19 di rumah sakit Santa Maria Pekanbaru. Jenis penelitian ini adalah penelitian kuantitatif yang menggunakan metode deskriptif korelasi dengan pendekatan *cross sectional*. Teknik sampling dengan *accidental sampling* terhadap 30 responden. Instrumen yang digunakan adalah lembar kuesioner. Tempat penelitian dilakukan di poliklinik kebidanan rumah sakit Santa Maria Pekanbaru. Analisis data meliputi analisis univariat dan analisis bivariat yang dilakukan secara komputerisasi. Berdasarkan analisis bivariat dengan uji *chi square* didapatkan nilai *p value* = 0.009. Karena nilai *p value* nya <0.05 maka dapat disimpulkan ada hubungan pengetahuan ibu dengan kecemasan ibu menghadapi persalinan dimasa pandemi covid-19 di rumah sakit Santa Maria Pekanbaru. Ibu hamil diharapkan untuk selalu berpikiran positif dan mencari informasi tentang persiapan persalinan dimasa pandemi covid 19 atau melakukan relaksasi sehingga tidak cemas.

Kata kunci : Pengetahuan, Kecemasan, Persalinan
Daftarbacaan : 31 (2010-2021)

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The Relationship of Mother's Knowledge With Mother's Anxiety Facing
Childbirth During the Covid-19 Pandemic At Santa Maria Hospital Pekanbaru

xiii + 54 Page + 12 Table + 8 Appendixes

ABSTRACT

The situation of the Corona Virus Disease-19 (Covid-19 pandemic has increased the anxiety of pregnant women. Pregnancy accompanied by anxiety will lower the mother's immune system so that pregnant women will be more susceptible to being infected with covid-19. The increasing number of confirmed covid-19 patients is a precipitating factor for anxiety in pregnant women who are about to give birth. The purpose of this study was to determine the relationship between maternal knowledge and maternal anxiety during the covid-19 pandemic at Santa Maria Hospital Pekanbaru. This type of research is a quantitative research that uses a descriptive correlation method with a cross sectional approach. Sampling technique with accidental sampling of 30 respondents. The instrument used is a questionnaire sheet. The place of research was conducted at the obstetrics polyclinic of Santa Maria Hospital Pekanbaru. Data analysis includes univariate analysis and bivariate analysis which is done computerized. Based on bivariate analysis with chi square test, p value = 0.009. Because the p value is <0.05, it can be concluded that there is a relationship between mother's knowledge and mother's anxiety in facing childbirth during the Covid-19 pandemic at Santa Maria Hospital Pekanbaru. Pregnant women are expected to always think positively and seek information about preparing for childbirth during the covid-19 pandemic or doing relaxation so that they are not anxious.

Keywords: Knowledge, Anxiety. Labor
Reading List : 31 (2010-2021)