

**PROGRAM STUDI S1 KEPERAWATAN
STIKES PAYUNG NEGERI PEKANBARU**

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Hubungan Dukungan Keluarga Dengan *Self Care* Pada Pasien *Stroke Non Hemorargie* Di Poliklinik Saraf Rumah Sakit Santa Maria Pekanbaru

xiii+54 Halaman+9 Tabel+ 10 Lampiran

ABSTRAK

Stroke adalah penyakit yang paling sering menyebabkan cacat berupa kelumpuhan anggota gerak, gangguan bicara, proses berpikir, daya ingat, dan bentuk-bentuk kecacatan yang lain. Data angka kematian pasien *stroke* yang cukup tinggi dikarenakan jumlah pasien yang menderita penyakit *stroke* setiap tahun semakin meningkat. Oleh karena itu perlu upaya dalam pengelolaan dan penatalaksanaan *stroke* berupa dukungan oleh keluarga dalam melakukan perawatan diri (*self care*) agar proses penyembuhan pasien tercapai optimal. Penelitian ini bertujuan untuk mengetahui hubungan dukungan keluarga dengan *self care* (perawatan diri) pada pasien *Stroke non hemorargie* di Poliklinik Saraf Rumah Sakit Santa Maria Pekanbaru. Penelitian ini merupakan penelitian kuantitatif yang menggunakan metode deskriptif korelasi dengan pendekatan *cross sectional*. Sampel berjumlah 42 responden dengan teknik sampling adalah *purposive sampling*. Instrumen yang digunakan berupa kuesioner. Analisis data dilakukan dengan uji statistik *chi square*. Hasil penelitian menunjukkan nilai *P value* 0,000 ($p\text{ value} < 0.05$) sehingga H_0 ditolak yang berarti ada hubungan antara dukungan keluarga dengan *self care* pasien *stroke non hemorargie* di Poliklinik Saraf RS Santa Maria Pekanbaru. Rekomendasi dari hasil penelitian ini adalah rumah sakit perlu menggalakkan edukasi kepada keluarga tentang pentingnya dukungan keluarga dalam *self care* pasien *stroke*.

Kata Kunci : *Stroke Non Hemorargie*, Dukungan Keluarga, *Self Care*
Daftar Bacaan : 40 (2013-2020)

**PROGRAM STUDY OF NURSING
STIKES PAYUNG NEGERI PEKANBARU**

Thesis, August 2021

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Relationship Between Family Support And Self Care In Non-Haemorrhagic Stroke Patients At The Neurology Polyclinic Of Santa Maria Hospital Pekanbaru

xiii+54 Pages+9 Tables+10 Appendices

ABSTRACT

Stroke is the disease that most often causes disability in the form of paralysis of the limbs, speech disorders, thought processes, memory, and other forms of disability. Data on the mortality rate of stroke patients is quite high because the number of patients suffering from stroke is increasing every year. Therefore, efforts are needed in the management and management of stroke in the form of support by the family in self-care so that the patient's healing process is achieved optimally. This study aims to determine the relationship between family support and self-care in non-haemorrhagic stroke patients at the Neurology Polyclinic of Santa Maria Hospital Pekanbaru. This research is a quantitative research that uses a descriptive correlation method with a cross sectional approach. A total of 42 samples were taken by purposive sampling technique. The instrument used is a questionnaire. Analysis of the results was carried out with the chi square statistical test. The results showed that the P value was 0.000 (p value <0.05) so that H_0 was rejected, which means that there is a relationship between family support and self-care for non-haemorrhagic stroke patients at the Neurology Polyclinic of Santa Maria Hospital Pekanbaru. The recommendation from the results of this study is that hospitals need to promote education to families about the importance of family support in self-care of stroke patients.

Keywords: Non Hemorargie Stroke, Family Support, Self Care
Reading List : 40 (2013-2020)